

# ULTHERAPY® FOR ACNE SCARS

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## INTRODUCTION

The benefits of Ultherapy are not only to decrease skin and muscle sagging but also increase cellular regeneration, lymphatic drainage and clean the skin purifying the pores from toxins and bacteria. In our practice we offer a number of treatments for acne scars, depending on the type of scars, and Ultherapy is always considered.

## RESULTS

Results are determined by a photographic assessment at 180 days compared to baseline with a Clinician Global Aesthetic Improvement Scale (CGAIS) and Subject Global Aesthetic Improvement Scale (SGAIS) evaluation.

## MATERIALS AND METHODS

We report our experience on 23 patients with moderate-to-severe acne scars on the cheeks, treated with a single Ultherapy session using the 1.5 mm transducer. Scars should be distensible with tension applied to skin, mainly rolling and boxcar type with few to no icepick scars present and no hypertrophic or keloid scars. Follow-up visits will occur at 90 and 180 days.

## CONCLUSIONS

Although Ultherapy is not considered the best treatment for acne scars as lasers, microneedling, fillers, chemical peels, subcision etc. has certainly not the contraindications of these and is able to minimize complications while patients are able to return promptly to their daily life.